

**Optional Study and Practice for
the Chapter “The New Horizon” in *The Infinite Way*
Recording 113B: “The Secret of the Healing Principle”**

Optional Study and Practice Suggestions

For our two-week interlude between study programs, we are returning to the chapter “The New Horizon” from *The Infinite Way*.

Throughout his ministry, Joel repeatedly emphasized the primary importance of this chapter to all students. He told us to “Never let this chapter get stale. Never neglect this chapter.” In keeping with that counsel, we are focusing on this chapter for the two weeks before beginning our next study program on spiritual healing. You might enjoy reviewing [the document we prepared](#) with quotes from Joel about “The New Horizon.”

A New Way to Study the Chapter

It is easy to forget that Joel himself produced one audiobook: *The Infinite Way*. That’s right! The four recordings—0001A, 0001B, 0002A, and 0002B—are recordings of Joel himself reading *The Infinite Way*.¹

For reasons unknown, in this recording, he omitted the chapter “Soul,” and the edition he read from was published before the “Wisdoms” were added, so those are not included. Aside from those omissions, Joel reads the entire book, including “The New Horizon.”

You may recall that in 2023, we revisited the “eight important chapters” that Joel identified. The first of these is “The New Horizon.” In the optional study suggestions for that session, we proposed taking this short chapter (only about forty sentences) one sentence at a time, writing the first sentence, contemplating it, and then rewriting it in your own words, together with any insights that arose from your contemplation. Working with just a few sentences a day, students could complete the chapter over the two-week study period.

As we consider this important chapter again, we are offering another approach, which considers the chapter paragraph by paragraph. There are just ten paragraphs in the chapter, and for each paragraph, we have provided the excerpt of Joel reading that paragraph. There are nine excerpts—not ten—because one very short paragraph in the chapter blended naturally with the previous one.

¹ The “New Horizon” section is on recording 0002B at approximately minute 36.

Each excerpt follows this format:

1. Joel reads the paragraph.
2. Following the reading, the recording **includes** five minutes of silence for contemplation; there is no need to pause or restart.
3. Joel rereads the paragraph.
4. Another built-in five-minute contemplation period follows.
5. Joel reads the paragraph a third time.
6. A final five-minute contemplation period is built in.
7. Joel concludes with “Thank you.”

We have found that this format—considering the paragraph three times—encourages deep contemplation, which can result in more profound understanding and new insights. Building silent periods right into the recording allows you to relax and simply listen and contemplate; you don't have to interrupt the flow to stop or start the recording.

If you use these recorded contemplations, you might want to include these questions as part of your contemplations:

- What does this paragraph mean for me and my life?
- How can I apply and practice this lesson?

[Click/tap here to access the recorded excerpts.](#)

For this study period, you may want to try this new “contemplation with Joel” approach, or return to [the sentence-by-sentence writing method](#), or use a different method of your own. The essential thing is that you refresh and deepen your experience of this chapter over the two-week study period.